

The Only 2 Finger Picking Patterns You'll Ever Need

Practice Tabs Worksheet

Each one of these practice regimens takes you through the progression G, Cadd9, G, Dmaj.
 This is done to help you practice relocating your thumb on the ever changing root note.
 Repeat each regimen several times a day until the pattern becomes muscle memory.

Chord Progression

4/4 time (4 beats per measure) picking pattern practice

chord **G** | **Cadd9**

strumming hand fingering

G | **D**

3/4 time (3 beats per measure) picking pattern practice

G | **Cadd9**

G | **D**