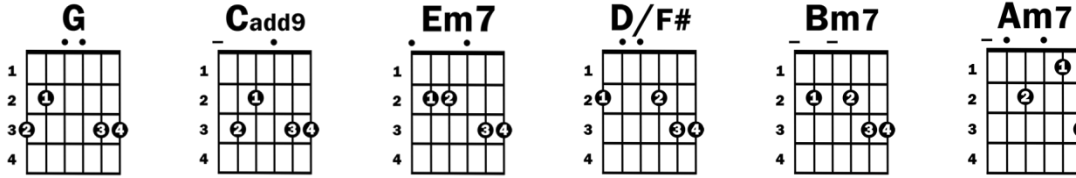


Lesson 1 Practice

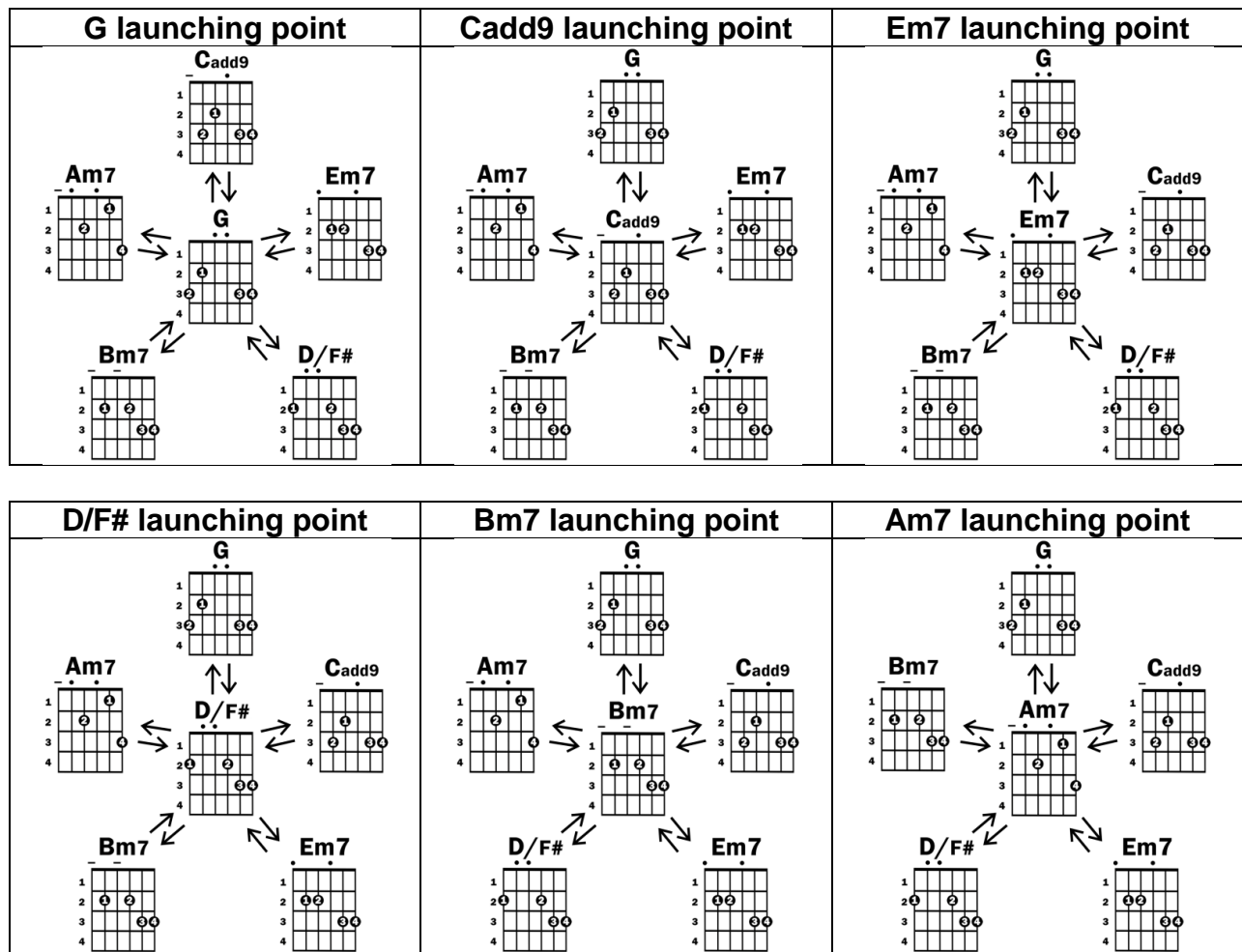
1. Clean Strings Practice

- Perpendicular Fingers
- Sweet Spot of the Fret
- Good Counter Pressure



2. Muscle Memorization Practice

With Launching Point Technique



3. Combination Practice

Use launching point technique while strumming through each chord once. Focus on getting clean sounding strings and transitioning quickly to the next chord.